

# Change

## Opening words and Chalice lighting:

To exist is to change, to change is to mature, to mature is to go on creating yourself endlessly.

*Henri Bergson*

**Welcome and check-in** (A time to share what is on your mind in order to clear it and be in the present.)

## Reading for discussion

It is not the strongest of the species that survive, nor the most intelligent, but the most responsive to change.

*Charles Darwin*

Change your thoughts and you change your world.

*Norman Vincent Peale*

We must be the change we wish to see in the world.

*Gandhi*

## Questions for discussion

What changes do you want to have happen within yourself?

What changes do you want to see in the world around you?

What have you done, or what might you do, to bring about these changes internally or externally?

What keeps you from “being the change”?

**Check-out** (A time to share likes and wishes, such as “I like how we...” “I wish we would...”, or express how you felt about the group.)

## Closing words and extinguishing the Chalice:

All things change, nothing is extinguished. There is nothing in the whole world that is permanent. Everything flows onward, all things are brought into being with a changing nature, the ages themselves glide by in constant movement.

*Ovid*

***Thanks to everyone for their participation and commitment to our group!***