

Soul

Opening words and Chalice lighting:

The bell is full of wind though it does not ring.
The bird is full of flight though it is still.
The sky is full of clouds though it is alone.
The word is full of voice though no one speaks it.
Everything is full of fleeing though there are no roads.
Everything is fleeing toward its presence.

Roberto Juarroz

Welcome and check-in (A time to share what is on your mind in order to clear it and be in the present.)

Reading for discussion

“Soul” is not a thing, but a quality of dimension of experiencing life and ourselves. It has to do with depth, value, relatedness, heart and personal substance. I do not use the word here as an object of religious belief or as something to do with immortality. When we say that someone or something has soul, we know what we mean, but it is difficult to specify what that meaning is.

Thomas Moore

Questions for discussion

Are there spirits/souls in people, animals and plants?
How do I define soul?
How do UU's define soul?
Is soul always present? (Think of people we consider bad.)

Check-out (A time to share likes and wishes, such as “I like how we...” “I wish we would...”, or express how you felt about the group.)

Closing words and extinguishing the Chalice:

And I have felt a presence that disturbs me with the joy of elevated thoughts;
A sense sublime of something far more deeply interfused,
Whose dwelling is the light of setting suns,
And the round ocean and the living air,
A motion and a spirit, that impels
All thinking things, all objects of thought,
And rolls through all things.

William Wordsworth

Thanks to everyone for their participation and commitment to our group!